

**LIGHT ON CALORIES.
LOADED ON DELIGHT.**

EXCLUSIVE 20 DELICIOUS SUGARFREE

Recipes

CURATED BY CHEF

Sanjeev Kapoor



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Click to see the complete recipe



Estimated Calories:
100-150 calories
per serving



Meal Time
Lunch or Dinner



Usage: Drink



Pairing Suggestions:
Spicy Indian cuisine
or a light snack



Sweet Lime

NANNARI DRINK

A nostalgic twist on a summer classic. This refreshing beverage is made with natural flavours and is a great way to stay hydrated without added sugars.



Click to see the
complete recipe



Estimated Calories:
75-100 calories
per serving



Meal Time
Lunch or Dinner



Usage: Drink



Pairing Suggestions:
A light salad or a
grilled sandwich

Muskmelon CUCUMBER COOLER

Refresh your day with a cucumber-melon oasis.

This light and refreshing drink is a
perfect way to stay hydrated on a hot day.



Click to see the
complete recipe



Estimated Calories:
300-400 calories
per serving



Meal Time
Evening



Usage: Dessert



Pairing Suggestions:
Vanilla ice cream
or a scoop of rabri

Mango

SHAHI TUKDA

Indulge in a decadent, royal mango treat,
where crispy bread meets a luscious mango-infused cream.
This calorie-rich dessert is perfect for special occasions.



Sugar Free



Click to see the
complete recipe



Estimated Calories:
200-250 calories
per serving



Meal Time
Afternoon or evening



Usage: Dessert



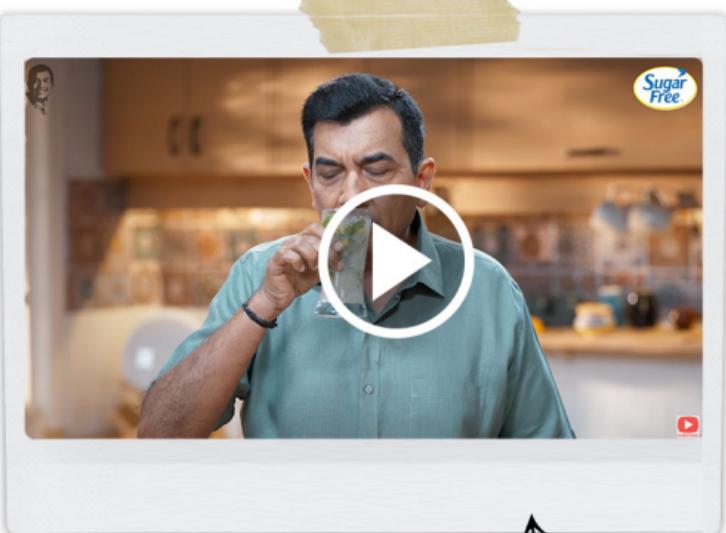
Pairing Suggestions:
A light salad or a
refreshing drink



SABZA SUNDAE

A chilled delight with a twist of basil seeds.

This refreshing dessert is a great way to stay cool and
hydrated on a hot day. special occasions.



Click to see the
complete recipe



Estimated Calories:

150-200 calories
per serving



Meal Time

Lunch or dinner



Usage: Drink



Pairing Suggestions:

Spicy Indian
cuisine
or a light snack



Tadgola

LEMONADE

Taste the sweetness of summer with every sip.

This refreshing lemonade is made with natural flavours and
is a great way to stay hydrated on a hot day.



Click to see the
complete recipe



Estimated Calories:
250-300 calories
per serving



Meal Time
Afternoon or evening



Usage: Dessert



Pairing Suggestions:
Fresh berries or a
drizzle of
chocolate sauce



Mango

CHEESECAKE IN A JAR

A portable piece of heaven for mango lovers.

This delicious dessert
is perfect for on-the-go snacking.



Click to see the
complete recipe



Estimated Calories:
100-150 calories
per serving



Meal Time
Lunch or dinner



Usage: Drink



Pairing Suggestions:
A light salad or a
grilled sandwich

Peach Berry COOLER

A fruity fusion that's both refreshing and vibrant.

This delicious drink is a great way to stay hydrated and
enjoy the flavours of summer



[Click to see the complete recipe](#)



Estimated Calories:
100-150 calories
per serving



Meal Time
Lunch or dinner



Usage: Drink



Pairing Suggestions:
A light appetizer
or a main course

Rosemary & Grapefruit

MOCKTAIL

A botanical blend for a sophisticated twist.

This refreshing mocktail is
perfect for a summer gathering.



Click to see the
complete recipe



Estimated Calories:

150-200 calories
per serving



Meal Time

Afternoon or evening



Usage: Dessert



Pairing Suggestions:

A light salad or a
refreshing drink

Jamun & Black Grapes

GRANITA

A frozen delight with a berry punch.

This refreshing granita is a
great way to cool down on a hot day.



Click to see the
complete recipe



Estimated Calories:
150-200 calories
per serving



Meal Time
Lunch or dinner



Usage: Drink



Pairing Suggestions:
A light appetizer
or a main course

Bel Mojito

A tropical twist on a classic cocktail.
This refreshing mocktail is perfect for a
summer party.



Click to see the complete recipe



Estimated Calories:
200-250 calories
per serving



Meal Time
Morning or afternoon



Usage: Breakfast
or snack



Pairing Suggestions:
A light salad or a
grilled sandwich

Sattu Smoothie

A protein-packed smoothie that's both nutritious and delicious. This smoothie is a great way to get your daily dose of protein and fibre.



Click to see the
complete recipe



Estimated Calories:
100-150 calories
per popsicle



Meal Time
Afternoon or evening



Usage: Snack or
dessert



Pairing Suggestions:
A light salad or a
refreshing drink

Popsicle 3 Ways

Discover three refreshing ways to beat the heat.
These popsicles are a great way to stay cool and
hydrated on a hot day.



Click to see the
complete recipe



Estimated Calories:
250-300 calories
per serving



Meal Time
Afternoon or evening



Usage: Dessert



Pairing Suggestions:
A light salad or a
refreshing drink



Mango Shrikhand

PARFAIT

A layered delight with a creamy mango base.

This delicious parfait is a great way to enjoy the flavours
of mango.



Click to see the
complete recipe



Estimated Calories:
300-400 calories
per serving



Meal Time
Evening



Usage: Dessert



Pairing Suggestions:
Vanilla ice cream
or a scoop of rabri

Shahi Phirni

A royal rice pudding with a modern twist.
This indulgent dessert is perfect for special
occasions.



Click to see the
complete recipe



Estimated Calories:
200-250 calories
per serving



Meal Time
Afternoon or evening



Usage: Dessert



Pairing Suggestions:
Fresh berries or a
drizzle of honey

Vegan Sama Kheer

A plant-based kheer that's both creamy and comforting.

This delicious dessert is a great option for
vegans and vegetarians.



Click to see the complete recipe



Estimated Calories:
400-500 calories
per serving



Usage: Dessert



Meal Time
Evening



Pairing Suggestions:

Vanilla ice cream
or a scoop of
whipped cream

Choco Lava

CAKE

A molten chocolate experience, guilt-free.

This indulgent dessert is
perfect for satisfying your sweet tooth.



Click to see the
complete recipe



Estimated Calories:
350-400 calories
per serving



Meal Time
Evening



Usage: Dessert



Pairing Suggestions:
Vanilla ice cream
or a scoop of
whipped cream

Hazelnut Brownie

A fudgy brownie with a nutty crunch.

This delicious brownie is a
great way to indulge your sweet tooth.



Click to see the
complete recipe



Estimated Calories:
350-400 calories
per serving



Meal Time
Evening



Usage: Dessert



Pairing Suggestions:
Fresh berries or a
drizzle of
chocolate sauce

No Bake Chocolate

PEANUT BUTTER CHEESECAKE

A decadent dessert without the fuss.

This delicious cheesecake is
perfect for a summer gathering.



Click to see the
complete recipe



Estimated Calories:
350-400 calories
per serving



Meal Time
Evening



Usage: Dessert



Pairing Suggestions:
Fresh berries or a
drizzle of
chocolate sauce

Custard Tart



A classic dessert with a modern makeover.
This delicious tart is perfect for a special occasion.



Click to see the
complete recipe



Estimated Calories:
250-300 calories
per serving



Usage: Breakfast
or brunch



Meal Time
Morning or afternoon



Pairing Suggestions:
Maple syrup or a
scoop of
whipped cream

Oats Waffles

WITH STEWED PINEAPPLE



A hearty breakfast or brunch option.

These delicious waffles are a great way to start
your day.

GO ON, ENJOY THE SMART SWEETNESS. HAPPY INDULGENCE!



SCAN TO
KNOW MORE

Table Top
Sweetener



**ZERO ADDED
SUGAR,
MAXIMUM D'LITE**



Creative Visualization.

Refer individual pack for mandatory statutory and regulatory information | Contains naturally occurring sugars.